

# NorthStar Regional

Move Forward with Hope



# Comprehensive Assessments & Direct Access

01

## Comprehensive Assessments

NSR will complete comprehensive assessments at the time of admission.



02

## Chemical Use Assessments



03

## Mental Health Assessments



04

## Direct Access

Available at all Residential and IOP facilities



**What makes NorthStar  
Regional Unique?**

**2017**

Northland & FiveStar  
became one.

**We are Treatment  
Driven.**

# 3 Pillars of NorthStar Regional

Three pillars make NSR stand out above others: Mental Health, Psychiatry, Med Management, and Counseling/Treatment.



# Mental Health Services

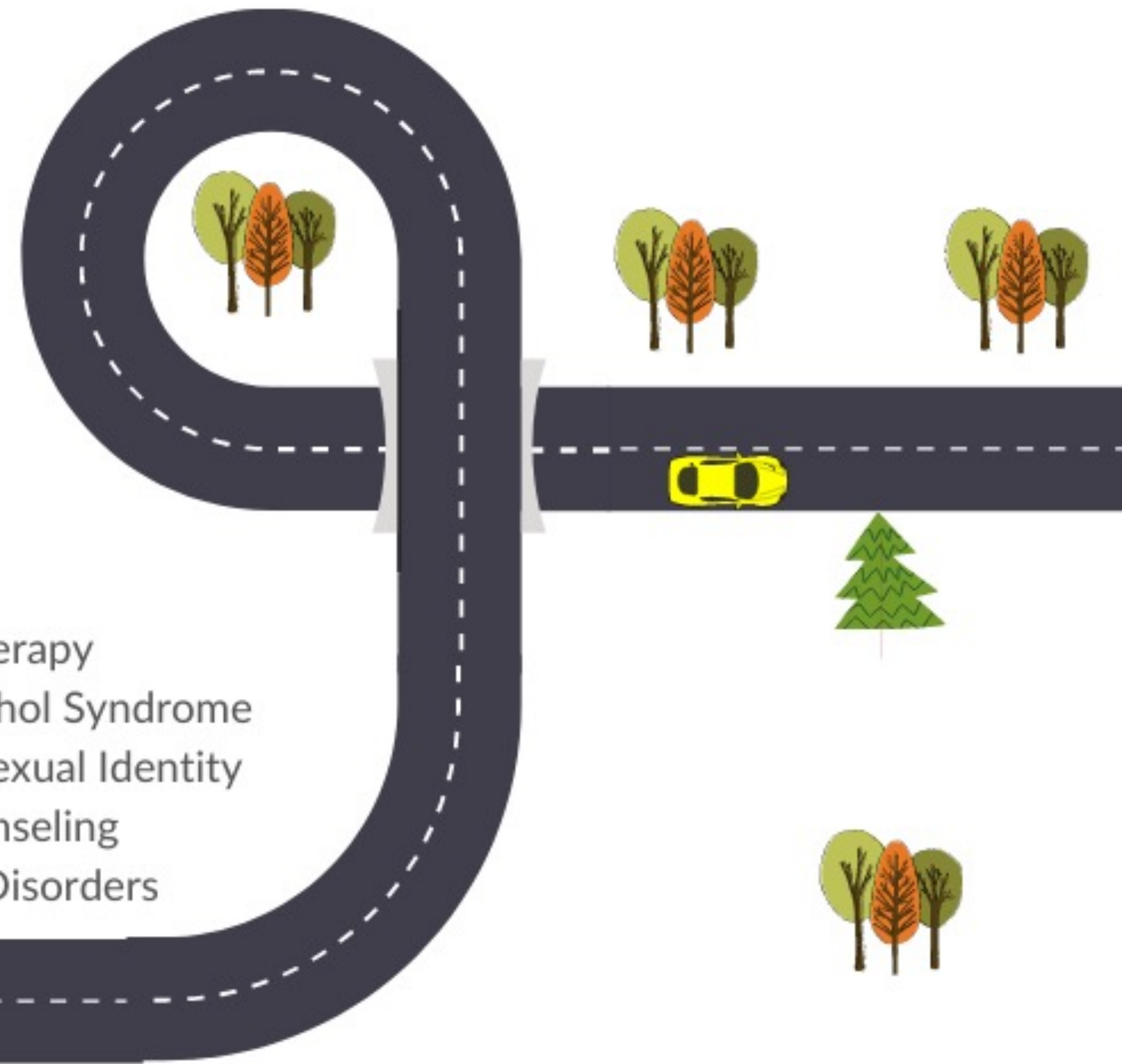
- Anger Management
- Adjustment Disorders
- Addiction/ Substance Abuse
- Anxiety Therapy
- Attachment Disorders
- Attention Deficit Disorder (ADD/ADHD)
- Child Abuse
- Childhood Behavioral Issues
- Christian Counseling



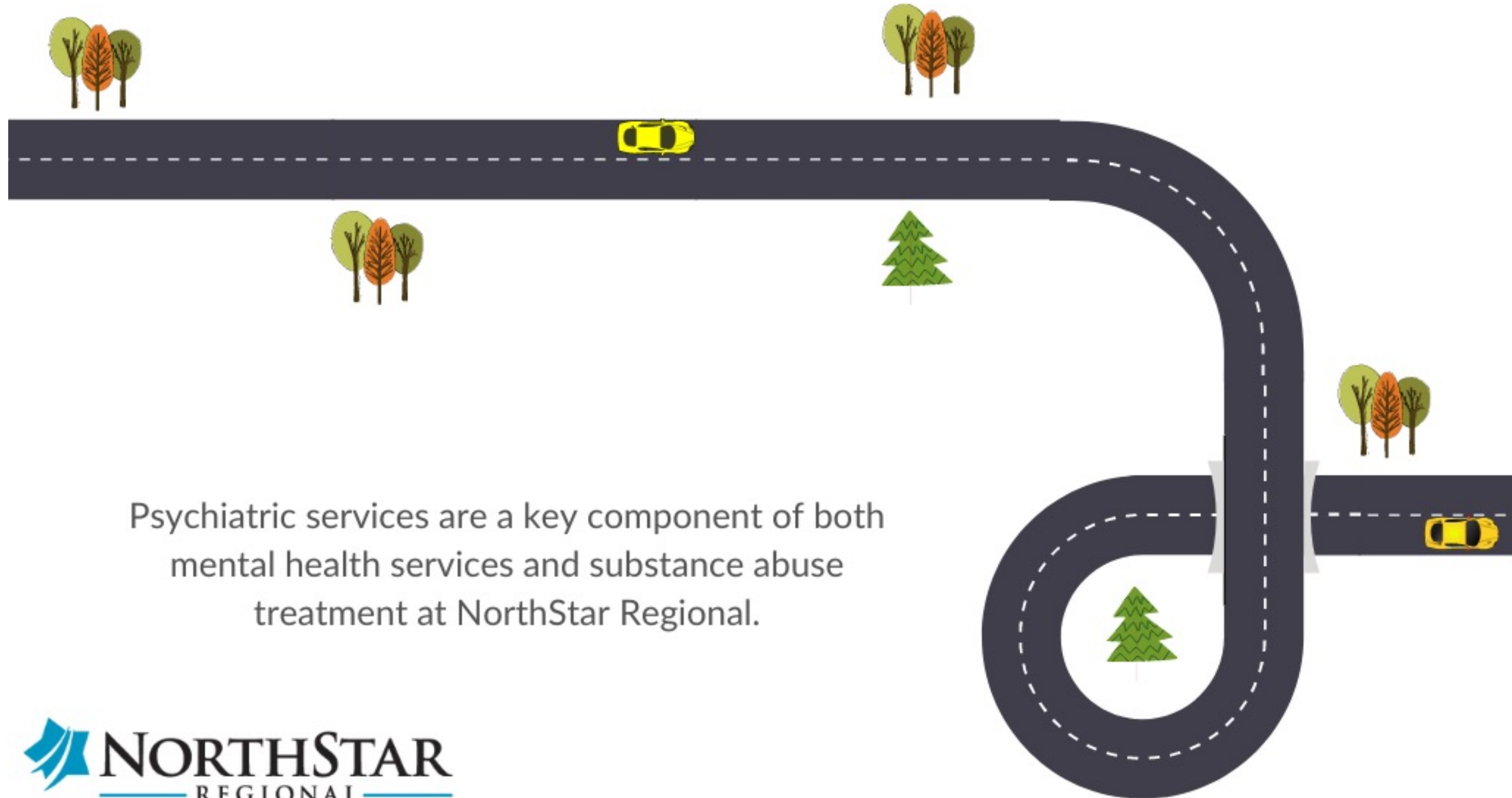
- Family Therapy
- Fetal Alcohol Syndrome
- Gender/Sexual Identity
- Grief Counseling
- Learning Disorders

- Cognitive-Behavioral Training
- Depression Counseling
- Developmental Issues
- Divorce/Separation Issues
- Drug and Alcohol Dependency
- Eating Disorders
- Emotional Regulation

- Marriage Counseling (includes Pre-Marital)
- Mood Disorders
- Parenting Skills
- Physical/Sexual Abuse
- Play Therapy
- Post-Traumatic Stress Disorder (PTSD)
- Relationship Conflicts
- Sleep Disorders
- Stress Management
- Workplace Conflicts

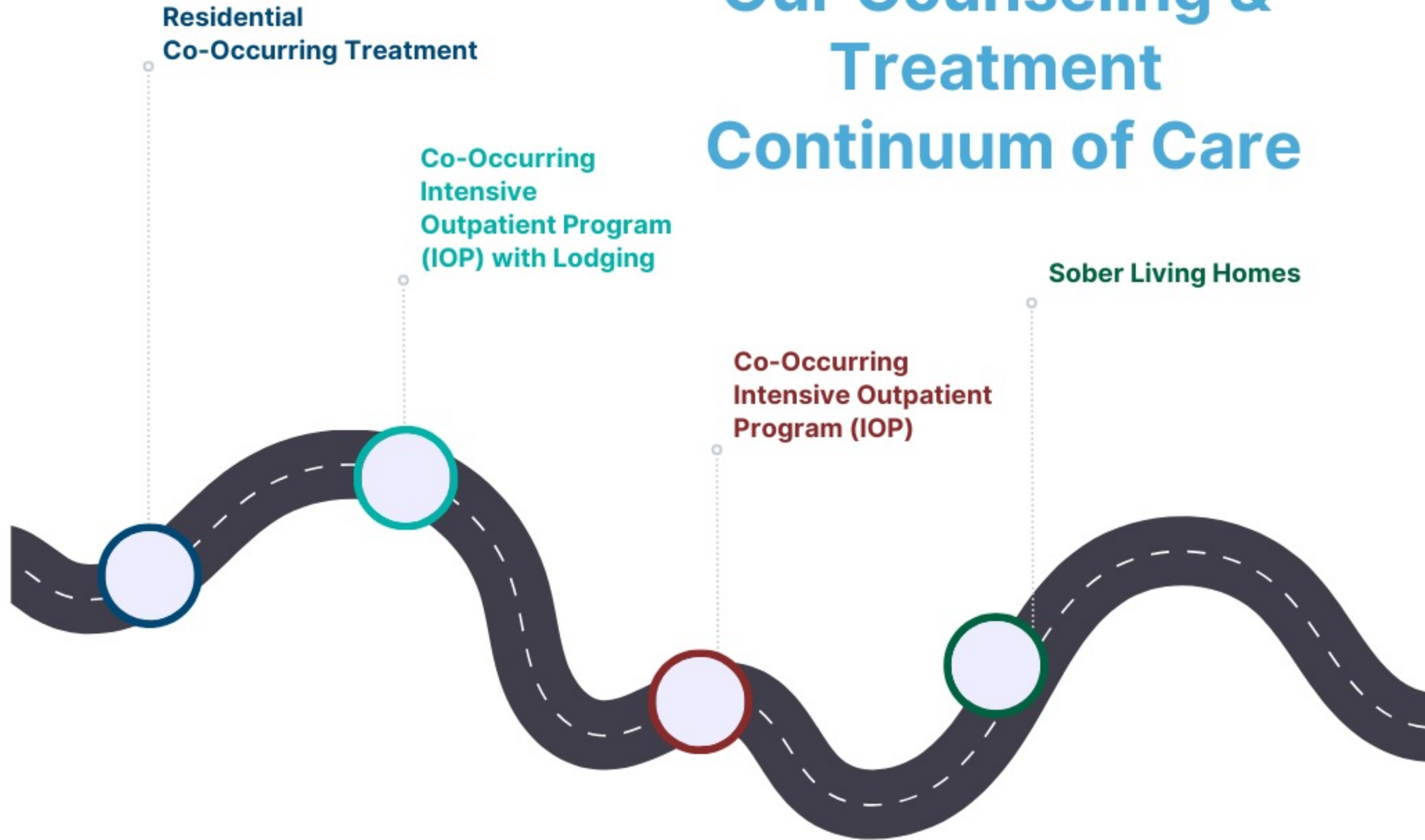


# Psychiatry & Med Management



Psychiatric services are a key component of both mental health services and substance abuse treatment at NorthStar Regional.

# Our Counseling & Treatment Continuum of Care



# Residential Co-Occurring Treatment

## Women's Residential

Chaska, MN  
16 Beds

## Men's Residential

Shakopee, MN  
48 Beds

## Men's Courtyard

Otsego, MN  
62 Beds

245G License

4 - 6 weeks based on client

Group & Individual Therapy

32 hours total program hours





245G License

## Women's Residential

Chaska, MN

16 Beds

4 - 6 weeks based on client

Group & Individual Therapy

32 hours total program hours

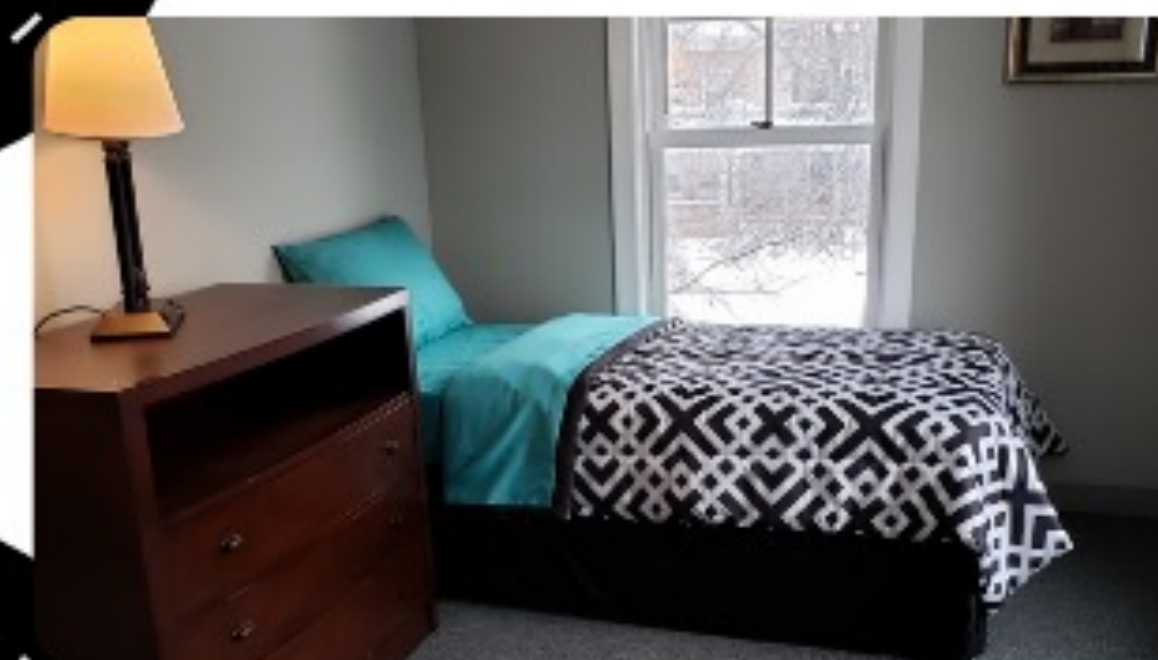
Front



Group room



Bedroom



# Men's Residential

48 Beds  
Shakopee, MN

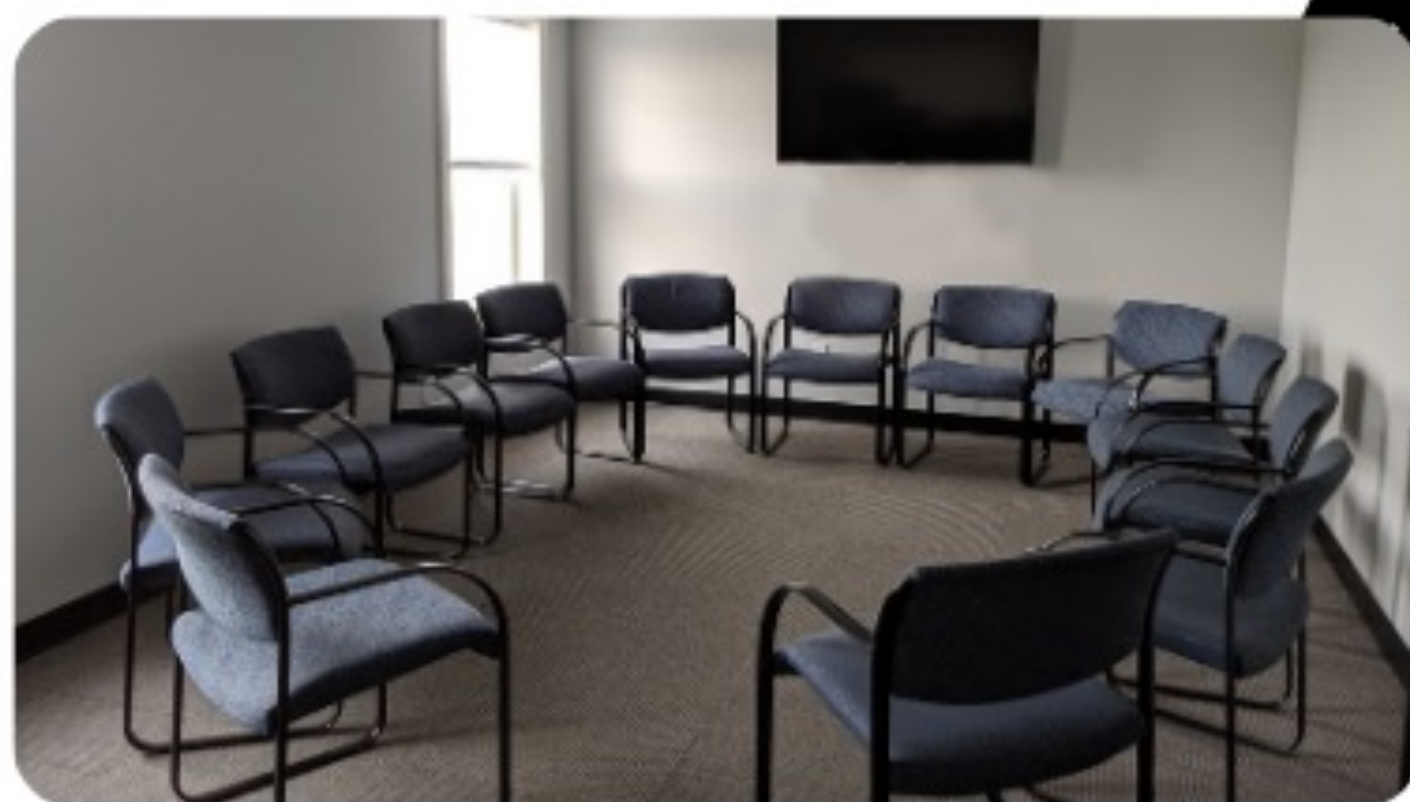
245G License

4 - 6 weeks based on client

Group & Individual Therapy

32 hours total program hours

## Group room



## Front



## Bedroom



# Men's Residential Courtyard

Otsego, MN  
62 Beds

245G License

4 - 6 weeks based on client

Group & Individual Therapy

32 hours total program hours

Group room



Front



Workout Area



245G License

3 - 4 months based on client

Group & Individual Therapy

### Women's Klein Mansion

Chaska, MN

9 Beds

### Men's Sugar Creek

Chaska, MN

39 Beds

### Men's Bluff House

Otsego, MN

83 Beds

### Men's Maple House

Maple Grove, MN

6 Beds

(HSF funding is not available with this program)

## Intensive Outpatient (IOP) with Lodging



# Women's Klein Mansion

Chaska, MN

9 Beds

245G License

3 - 4 months based on client

Group & Individual Therapy

26 hours total program hours

Living room



Front



Kitchen



# Men's Sugar Creek Campus

Chaska, MN  
39 Beds

245G License

3 - 4 months based on client

Group & Individual Therapy

26 hours total program hours

Front



Living room



# Men's Bluff House

Otsego, MN  
83 Beds

245G License

3 - 4 months based on client

Group & Individual Therapy

26 hours total program hours

Common area



Front



Mississippi River



# Men's Maple House

Maple Grove, MN

6 Beds

245G License

3 - 4 months based on client

Group & Individual Therapy

24 hours total program hours

Front



Living room



Bedroom





## Intensive Outpatient (IOP) *without Lodging*

### Sugar Creek IOP

Chaska, MN

### Chanhassen IOP

Chanhassen, MN

### Maple Grove IOP

Maple Grove, MN

Outpatient & Aftercare Services

Men & Women IOP



GRH is provided or pay \$600 monthly

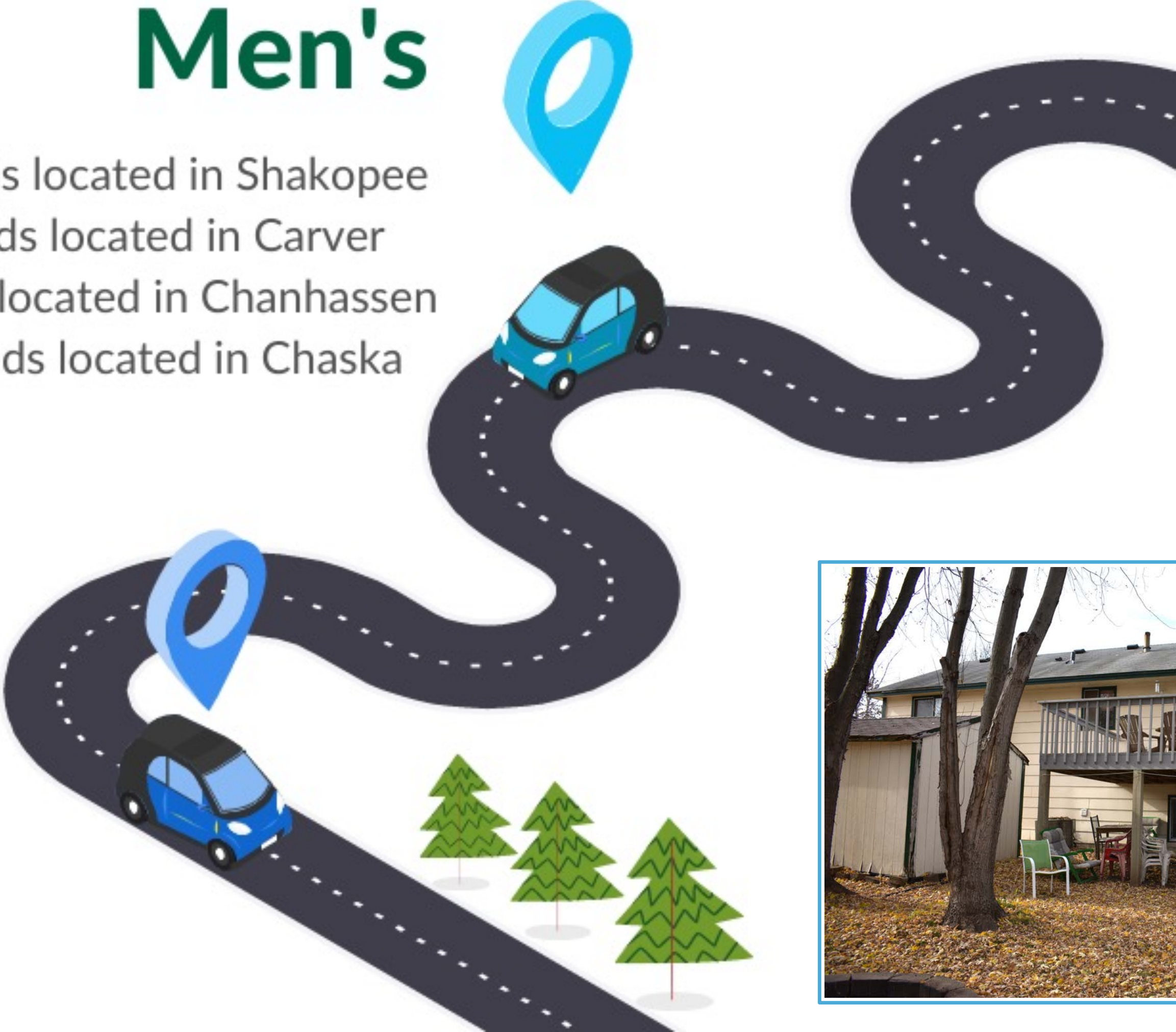
Men & Women

# Sober Living Homes



## Men's

- 18 beds located in Shakopee
- 6 beds located in Carver
- 6 beds located in Chanhassen
- 18 beds located in Chaska



## Women's

12 beds located in Chaska



# NorthStar Regional Can...

## Transport clients

NorthStar Regional can transport clients from different facilities.

## Medication

- Suboxone
- No Methadone

## Who do we not take?

- 1st-degree criminal sexual conduct charge
- Arson

## Visitation

Some locations offer visitation





**1-833-NSR-HOPE (1-833-677-4673)**  
Fax: 763-225-4470

**Online:**  
<https://northstarregional.com/bed-availability/>

**Latest in housing availability across  
all NorthStar Regional locations.**

**Email:**  
[Admissions@NorthStarRegional.com](mailto:Admissions@NorthStarRegional.com)

<https://northstarregional.com/>

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