

MN Student Survey & Covid-19 Update

Location: Virtual Zoom Meeting

Date: September 10, 2020, 9:30 – 10:40 a.m.



FISH welcomed 21 participants to the meeting. There were 20 new needs posted with 22 filled, totaling \$8,461.

Theresa Fouch, Data Planner with Scott County Public Health, led off with a summary of the Minnesota Student Survey taken in 2019. The attached PowerPoint has the information presented. This survey has been conducted since 1989, with 81% of students in Minnesota participating in the most recent survey. Categories addressed are School, Activities, Family & Relationships, Health & Safety, Mental Health, Substance Abuse and Sexual Health.

There were some questions throughout the survey that participants in today's presentation were asked to guess the answers to, which gave everyone a chance to participate virtually.

Scott County students surveyed were at or above positive state responses in most categories. However, when asked about physical activity and eating five or more servings of fruits and vegetables daily, students reported less activity and healthy eating in these categories than in previous surveys.

Mental health concerns have increased and students feeling good about themselves on most days have decreased across all age groups. Only 54% of student reported experiencing no adverse childhood experiences in their life. Cigarette use has gone down, but alcohol and vaping use has increased. Please see the attached PowerPoint for more information from the survey.

Noreen Kleinfehn-Wald, Public Health Supervisor with Scott County, gave a Covid-19 update for the county. We have had 2203 cases as of 9/7/20, which 176 new cases in the past week and 32 deaths since reporting began. Public Health is working with school districts on how to isolate and quarantine those affected. Public Health's role with Covid-19 is in data collection and health education. They do case investigation and contact tracing on county cases and provide information regarding isolation and quarantine. Quarantine lasts for 14 days. A person with COVID illness is isolated for 10 days. People who were in close contact with infected cases also need to quarantine for 14 days. A sheet with county statistics is attached, along with testing dates and locations. Community paramedics are assisting Public Health with testing, as well as volunteers. Persons wanting a test don't need to have symptoms and testing is free.

Noreen said it is important to get the flu vaccine this year so people aren't at risk for both flu and Covid. Face masks will be needed as long as case numbers of Covid are high so we aren't sharing germs with others. Face masks aren't needed if people are exercising outdoors and aren't near others. Inside buildings they are needed.

FISH held an online auction during the meeting of a Campfire-theme basket donated by board member Ron Brist. Baskets were originally going to be in a silent auction Empty Bowls fundraiser for FISH last spring but that event had to be canceled. Commissioner Dave Beer purchased the basket for \$500. Thank you Dave!

The October 8th Thursday meeting will have school superintendents or other spokespersons from all county school districts bringing us up to date on how districts are doing providing instruction during the pandemic.